

Spring Thaw 2010 5K Run/Walk

Age Group Results

Overall Winners:

Male: Pete Vandenberg (18:18)

Female: Katherine Nihart (19:40)

Overall Masters (40+)

Male: Rob Newton (21:13)

Female: Joyce Creed (24:26)

Place	Name	Age	Time
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Women 14 & Under

20	Jackson, Celia	14	24:21
81	Stapleton, Katherine	10	36:58
112	Stapleto, Victoria	12	42:38

Women 15 - 19

31	Bortenberry, Liza	18	25:30
41	Stephens, Holly	18	26:32
42	Stanley, Olivia	19	27:07
57	Milmer, Sara	19	30:56
71	Wanhoy, Katie	19	33:23
72	Hopkins, Jamie	19	33:30
90	Muskal, Katie	19	39:36

Women 20 - 29

3	Nihart, Katherine	27	19:40
4	Thompson, Jesse	21	20:12
34	Sprowl, Lauren	20	25:46
35	Stern, Emily	20	25:47
47	Ball, Karami	27	27:39
51	Quarter, Elicia	26	29:10
54	Cox, Sarah	24	30:23
55	Scroggs, Kelly	23	30:37
58	Greene, Morgann	27	31:31
60	Brown, Hannah	26	31:40
62	Stapleton, Carrie	27	31:43
63	Ausband, Becky	20	31:48
65	Cazzari, Kristina	27	32:06

69	Wilson, Leah	21	32:56
74	Ziegler, Sandy	29	34:33
76	White, Krista	22	34:54
79	Miller, Selina	26	36:05
91	Dangill, Laura	20	39:41
95	Marr, Hailey	26	39:48
106	Taylor, Kimberly	24	41:31
115	Cook, Sara	29	48:51
118	Warborough, Emma	23	49:42